



## **Webster Lunch Cooking Directions**

\*\*Cook times vary according to equipment.

### **Chicken Tenders/Nuggets:**

**Oven:** Preheat the oven to 400°F, place frozen strips in a single layer on a parchment lined or foil sprayed with PAM spray baking sheet. Heat for 11-13 minutes uncovered or until the product reaches 165 °F . If the product is thawed, cook for 8-10 minutes.

**Microwave:** Arrange frozen strips on a microwave safe plate. Heat on HIGH: 1 minute per strip. Do not overheat.

### **Pizza Crunchers:** Keep frozen until ready to prepare.

**Oven:** Preheat oven to 325°F. Arrange crunchers in a single layer on a lined baking sheet. Bake for 10-15. minutes

### **Burgers:**

**Oven:** Place burger(s) on a baking sheet with parchment paper/foil. Preheat the oven to 350°cook for 8-9 minutes if frozen or 6-8 minutes if defrosted or until the product reaches 165°.

**Microwave from frozen:** Heat on high power for 60-70 seconds, microwaves may vary, verify internal temperature is 165 °.

### **Pizza:**

**Oven:** Place pizza on a baking sheet with parchment paper/foil. Preheat the oven to 350°cook for 8-9 minutes if frozen or 6-8 minutes if defrosted or until the product reaches 165°.

**Microwave from frozen:** heat on high power for 60-70 seconds, microwaves may vary, verify internal temperature is 165 °.

### **Meatballs:**

**Oven:** Place meatballs in an oven safe container. Preheat the oven to 375 °. Bake frozen product for 11 -13 minutes or 9-11 minutes if defrosted or until internal temperature reaches 165 ° .

**Microwave:** Place meatballs in a microwave safe container. Cook frozen product on high power for 2 - 4 minutes or until internal temperature reaches 165 °

### **Fries:**

**Oven:** Place fries on a cookie sheet with parchment paper. Preheat the oven to 400°. Bake the product for 9-14 minutes or until it reaches 165°.

### **Vegetables:**

**Stove top:** Boil in water for 5-8 minutes or until the product reaches 140°.

**Microwave:** Place vegetables in a microwave safe container, heat on high for 60-90 seconds or until the product reaches 140°.

**Please keep the following cold at 41 ° or below :**

-Milk

-Fruit

-Vegetables

-Entrees until ready to eat